

Eastern CT Women's Invitational Regatta
Essex Corinthian Yacht Club
May 19th, 2024



Sailing Instructions

1. RULES

- 1.1. The Series will be governed by The Racing Rules of Sailing, the Ideal 18 Class Rules and these Sailing Instructions
- 1.2. Appendix V (Alternative Penalties) is in effect.
- 1.3. All registrants are registered and scored by sail number. If a sail number is changed, the Race Committee (RC) must be notified prior to the RC leaving the dock.

2. CHANGES TO SAILING INSTRUCTIONS AND NOTICE TO COMPETITORS

- 2.1. Changes to the Sailing Instructions and Notice to Competitors will be posted on the ECYC website and in the hallway of the ECYC. Changes will be posted no later than 10am the day they take effect. Any announcements will be made at the skippers meeting.

3. SAFETY REGULATIONS

- 3.1. All sailors are required to wear a Coast Guard approved PFD while on the water. Inflatable vests are not permitted.
- 3.2. Ideal 18's are required to carry an anchor and a working VHF radio.
- 3.3. All boats are required to grant right of way to commercial traffic.
- 3.4. All boats are required to check in and check out every time they enter or exit the Racing Venue. Sailors are required to notify RC or Crash Boat when withdrawing.
- 3.5. RRS A5 is modified: Any boat failing a safety directive of the RC and Crash Boats may receive a DSQ for the day.

4. COMMUNICATION

- 4.1. RC will be monitoring **VHF Channel 72** for the duration of the regatta.

5. SCHEDULE OF RACES

- 5.1. First Warning will be at 1pm and no races will be started after 3:30pm.

6. COURSES

- 6.1. Course for each race will be posted on the RC Signal Boat prior to each start. All marks will be left to **PORT** unless noted on the Course Board with the letter **S** prior to each start.

Course "W": Windward/Leeward

Course "T": Triangle (Windward / Wing / Leeward)

Course "TW": Triangle Windward Leeward (Windward / Wing / Leeward / Windward/Leeward)

- 6.2. Courses shall be sailed twice around if numeral pennant "2" is displayed.

7. MARKS

- 7.1. Primary rounding marks will be yellow inflatables.
- 7.2. The Start/Finish Mark will be an orange inflatable.

8. START

- 8.1. Races will be started by using the US Sailing Appendix U Sound Signal Starting System.
- 8.2. A minimum of 4 boats are required for a start.
- 8.3. The Starting line will be between a staff with an Orange Flag on the Race Committee Boat and the Starting Buoy.

9. FINISH

- 9.1. The Finish will be between a staff with an Orange Flag and the Finish Mark.
- 9.2. RRS 35 has been modified: The RC may award any last place boats their positions to expedite starts.

10. PENALTY SYSTEM

- 10.1. RRS 61.1(a) is modified: Ideal 18s are required to fly protest flags.

11. PROTESTS AND REQUEST FOR REDRESS

- 11.1. Protests and requests for redress shall be reported to the RC boat upon finishing. Protest forms must be submitted to the Race Committee within 30 minutes after the Race Committee boat docks.

12. SCORING

- 12.1. RRS A9 is in effect.
- 12.2. There will be one throw out if 6 races are sailed.
- 12.3. Scoring shall be in accordance with A5.3

13. PRIZES

- 13.1. Prizes will be awarded at the post race party beginning at 1630.